

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Jon Parsonage**

Has successfully participated & completed the

**20km Trail Race Arnold Chatz Nogwaja Trail Run**

held at Rustig Hiking Trails.

**TIME 02:46:50**

**PACE 08:19/km**

**OVERALL 42 of 126**

**GENDER 36 of 87**

**OPEN 27 of 47**

29 July 2018, Sun

Date



*BoutTime*

Signature

